



Healthy breaks
For your body and soul




THE RIVER RETREAT
Heritage Ayurvedic Resort
CHERUTHURUTHY

Palace Road, Cheruthuruthy, Thrissur Dist, Kerala - 679 531.
Tel: 04884-262244, 262245, 264444, 264445, Mob: 9072655562
Email : info@riverretreat.in , gm@riverretreat.in
Web : www.riverretreat.in


THE RIVER RETREAT
Heritage Ayurvedic Resort
CHERUTHURUTHY



The ARTSCAPE

Painted by an artist
Who draws with heart
Celebration of colours
All about it is innate
And the artist is
the real nature...



Healthy breaks at the retreat

You have left the rush hour behind. You have stepped outside the boundary of traffic and hectic schedules. You have entered the realm of Maharajas of Cochin whose summer retreat now houses the tranquil retreat.

Situated on the shore kissed by the idyllic Bharathapuzha River, near the cultural academy Kerala Kalamandalam, at the River Retreat you take a healthy break to rejuvenate your body and soul. The benefits of Indian Ayurveda embrace you in a land suffused with culture, art and heritage.





Healthy breaks with tranquility

Tranquility flows in every accommodation choices that we offer. Be it Superior RiverView room or Riviera Deluxe room, the rooms are well appointed with opulent amenities and contemporary decor to make your stay as refreshing as possible. Feel the calmness and serenity of the adjacent river and the breeze in its true form when you stay with us.





Healthy breaks with classic

Classic is the atmosphere where the old meets modernity. This is best experienced in the Palace Chamber & Retreat Chamber accommodation choices. On one side, it is being inside an old palace and on the other, it accommodates all the facilities necessary. The roofing is made with the touch of tradition and the greenish surroundings assure peace of mind.





Healthy breaks in relief

A perfect comfort zone that is what the modern bedrooms extend in the Deluxe Cottage - Ilam. Flashy amenities from lounge chairs to lights classified as modern decorate the bedroom. In the cool land, chosen for luxury these bedrooms satisfy the comfort factor. Along with ayurveda, you are invited to touch upon a mix of comfort.





Healthy breaks with nature

Keeping in tune with the soul stirring nature of Ayurveda, the bedroom designs ushers a sense of calm to the mind, gently guiding the soul to its tranquil depths. The amenities pamper you in comfort to make the optimal setting to bring out the optimal health in body, mind and soul. Moreover, the 2 BHK apartments open to the serenity of the river Nila.

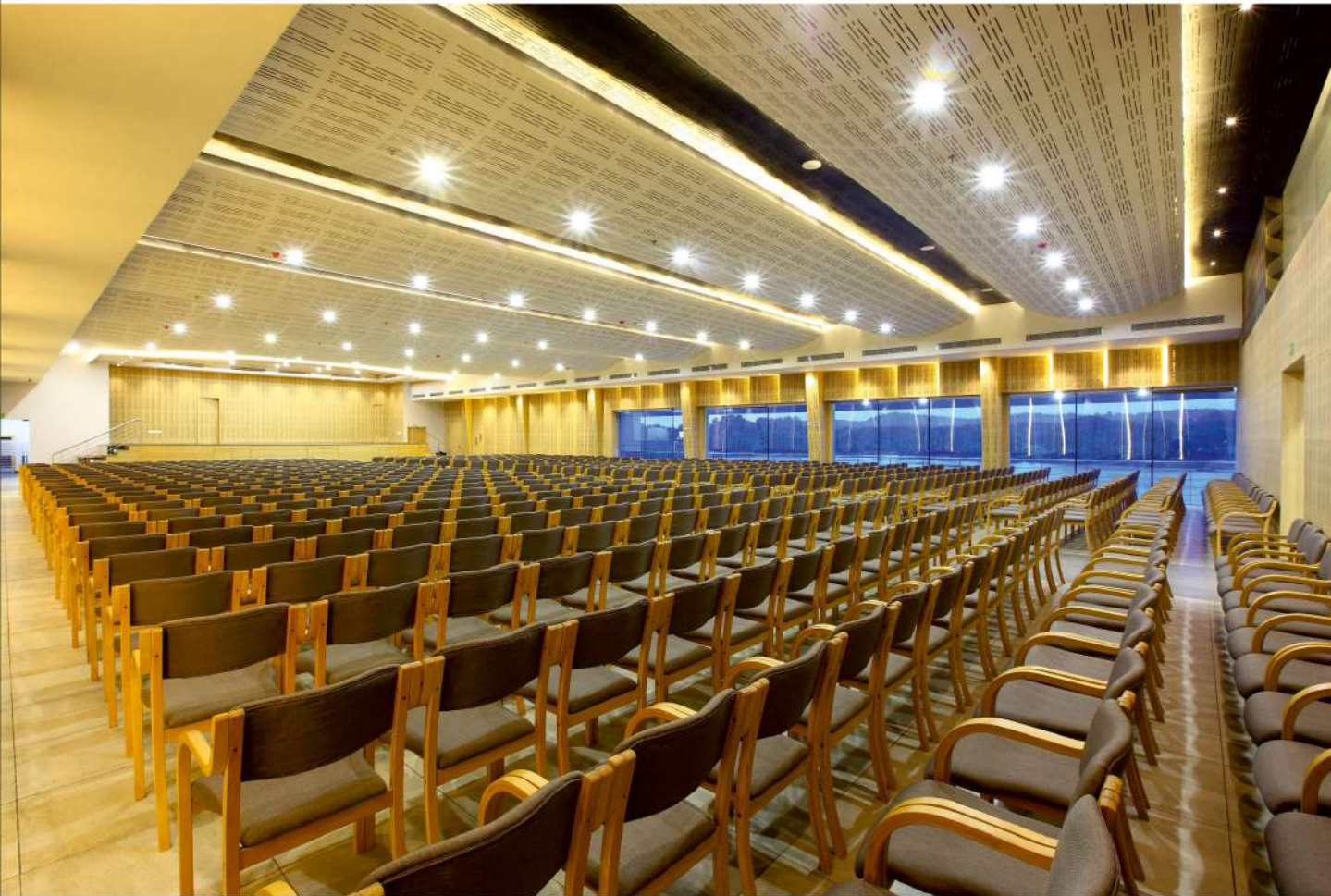




Healthy breaks with recipes

The cool breeze on the banks of river, the majestic visual treat of nature all that merge to form the restaurant- Riviera. Nature is the painting, which hangs on a palette of beauty. A multi-cuisine menu prepared considering the healthy needs, complements the Ayurvedic atmosphere. The recipes here are perfectly conceived to linger in your taste buds.





Healthy breaks in meetings

Riviera Suite, the grandiose convention centre is the perfect venue to host your M.I.C.E. The state of the art facility is managed by an efficient crew to manage your weddings, conferences and events hassle free. The fully air conditioned hall with separate banqueting facilities can host a crowd of 1500 pax efficiently.





Healthy breaks with Ayurveda

Nowhere was the science of life so advanced as in ancient India. Perhaps, more astonishing is the fact that this holistic method for relaxation, rejuvenation and healing has been passed down the centuries to benefit the stressed out modern man. This tradition is kept intact at the River Retreat where the highly skilled masseurs provide a fresh rebirth for your body. The panel of senior doctors discusses and prescribes the ideal treatment, which will be administered by experienced doctors.





Healthy breaks in splashes

Jump in to the water retreat, splash out the life in you and bring the refreshment to your body and soul. With all the calmness and serenity lies the swimming pool. A parallel experience along the river. Bharathappuzha.

Nothing is more beautiful than swimming through the shores after the rejuvenation. The water cleanses the body and makes you feel refreshed.



Healthy breaks in the royal facilities

An ambience of luxury and comfort was quite native to the royalty of yesteryears. This is reflected still in the amenities that host your needs at the River Retreat. For the discerning interests of the modern traveler, facilities in sync are also well placed.

Our Amenities

38 well appointed rooms | 02 Luxury Cottages | Multi Cuisine Restaurant | Executive Bar
Swimming Pool | Ayurvedic Centre [Classified by Kerala Tourism – Green Leaf]
Health Club | Convention Centre | Banquet Facilities [Indoor & out Door] Conference
Facilities | Beauty Parlor | Indoor & Outdoor games | Children's play area

Major Attractions

Kerala Kalamandalam Arts Academy | Guruvayoor Temple | Malampuzha Dam
Varikkasseri Mana | Thiruvilluamala Temple | Vazhani Dam | Athirappally waterfalls
Peechi Dam | Hand Weaving Units | Pottery Making Units | Village Visit

Ayurveda Packages

Rejuvenation Therapy | Neck and Spine Treatment | Panchakarma Treatment
Stress Management | Weight Loss | Beauty and Skin care Treatment | Lumbar Spondylosis





Healthy breaks

amid an estuary

The lifeline of Kerala's culture, Nila is also known as Bharatapuzha is more than a river for Keralites. Along the banks of this archaic and culturally rich rivulet is the haven for comfort, River Retreat. Placed amongst the scenic beauty of Nila the facility serves as an ideal weekend getaway from the hustle and bustle of city life.

